

SEATTLE ASTROLOGY WORKSHOP + RETREAT

Schedule of Events

Thursday, May 14, 2026

Location: *The Tasting Room*, 1924 Post Alley, Seattle, WA, 98101

4:00pm – 7:00pm: Pre-Party Meet and Greet - *Drink, Eat, Mix & Mingle!*

Meet Meredith & the other workshop attendees for happy hour at The Tasting Room, in Post Alley, prior to the workshop. Come drink Washington wines and have light appetizers with us. This event at our 1st annual Astrology Workshop in Seattle was so much fun and everyone who came made friends faster and easier! I highly recommend you come to this event if you can. This is a no-host “pay your own way” event.

Friday, May 15, 2026

Location: 1924 Post Alley, Seattle, WA, 98101

9:00am – 7:00pm: Full Day Workshop & Retreat Activities

9:00am: BREAKFAST!

Meredith will offer a complimentary light breakfast snack at the workshop. Coffee & Bagels, Donuts or Croissants!

9:00am - 12:00pm: WORKSHOP

The Evolution of Your Soul’s Journey: Understanding the Progressed Chart Part 1:

Unlock the secrets of your Progressed Chart, one of astrology’s most powerful tools. Part 1

12:00pm – 2:00 pm: LUNCH & LEARN with ConnieJo

Black Moon Lilith (extra add on cost of \$20)

Don’t Miss! Grab a to-go lunch and come learn with ConnieJo while you have your lunch! ConnieJo will be teaching about the power of BML in your natal chart. This is an optional event. You must purchase it separately from the shop.

2:00pm - 5:00pm: *DEMONSTRATION*

Meredith will offer a cold reading for a case study.

5:15pm: *HAPPY HOUR ON THE BAINBRIDGE FERRY - SEATTLE WATERFRONT, PIER 52*

Our group will walk about 1/2 mile to the Bainbridge Ferry together. Have 30 Happy Hour and photos on the Boat. Take in the Seattle Skyline.

[See the ferry schedule here.](#)

Saturday, May 16, 2026

Location: 1924 Post Alley, Seattle, WA, 98101

9:00am – 9:00pm: Full Day Workshop & Retreat Activities

9:00am: *BREAKFAST!*

Meredith will offer a complimentary light breakfast snack at the workshop. Coffee & Bagels, Donuts or Croissants!

9:00am - 12:00pm: *WORKSHOP*

The Evolution of Your Soul's Journey: Understanding the Progressed Chart Part 2: Unlock the secrets of your Progressed Chart, one of astrology's most powerful tools.

12:00pm – 1:30 pm: *LUNCH*

Explore on foot on your own around Pike's Market.

1:30pm - 4:00pm: *WORKSHOP CONTINUED*

4:00pm: *(OPTIONAL) - VISIT FREEMONT TROLL TOGETHER*

Everyone invited! Share an Uber and meet at the Seattle Troll in Fremont.

Location: North 36th Street, Troll Ave N, Seattle, WA 98103

4:45pm: *(OPTIONAL) - PRIVATE PARTY AT EL CAMINO*

Everyone Invited! Walk to private Party for us at El Camino Restaurant (no host evening)

Location: 607 N 35th St, Seattle, WA 98103

7:00pm: *(OPTIONAL) - IMPROV SHOW*

Walk 2 blocks to Comedy Sportz Improv — for a special group event. (See their website [here.](#))

Doors open at 6:00pm. There is a bar.

Location: Atlas Theater – 3509 Fremont Ave N, Seattle, WA 98103

Sunday, May 17, 2026

Location: 1924 Post Alley, Seattle, WA, 98101

9:00am – 7:00pm: Full Day Workshop & Retreat Activities

9:00am: BREAKFAST!

Meredith will offer a complimentary light breakfast snack at the workshop. Coffee & Bagels, Donuts or Croissants!

9:00am - 1:00pm: WORKSHOP

Heavenly Timing: 10 Astrological Secrets for Picking the Perfect Moment

Open new doors with the stars fully behind you and learn the art of astrological timing so you can align big life moves with cosmic flow.

1:00pm – 2:00 pm: LUNCH

Lunch Break! Explore fun lunch spots nearby on your own! Eat fast!

2:00pm - 4:00pm: COLD READINGS

Meredith will draw names from the group, to use your charts in cold readings to show you how to see your progressed chart or work with timing!

4:30pm: (OPTIONAL) - KAREOKE DANCE PARTY

Karaoke Dance Party with Meredith & other attendees! Complimentary wine and snacks. You don't have to sing to attend!

Location: Event Space

4:45pm: (OPTIONAL) - PRIVATE PARTY AT EL CAMINO

Everyone Invited! Walk to private Party for us at El Camino Restaurant (no host evening)

Location: 607 N 35th St, Seattle, WA 98103

7:00pm: (OPTIONAL) - GOODBYES & LIGHT DINNER

Goodbyes : (and optional light dinner at the Stove House Brewery on the waterfront

Location: 1901 Western Ave, Seattle, WA 98101